



## SOUTH SOUND FLY FISHERS

# THE GARDEN HACKLE

Volume 16 Issue 10

October 2016

President Don discusses Fall fishing opportunities and club operation.

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### The Leaders Line

October 10, 2016

Howdy,

This is the favorite time of year for many outdoor enthusiasts in our region. Salmon are returning in fairly good numbers, despite dire predictions; Coho were schooling up just off Burfoot Park as recently as last week for instance. I had a prior date to fish the Quillayute system near Forks so didn't get out to test my luck on those reluctant biters. As soon as I was done putting up the salmon caught on the coast, I headed to the eastside to catch up with a hardy group of fishers determined to fish every lake in the northeast corner of the state.

Club members Dave Field, Howard Nanto, Tom Case, Gwill Ging, and an entourage of friends and family put in a solid week of angling up in the Okanagan. (My apologies if I missed anyone). I managed to overlap some of the group at Chopaka and Omak, but over the course of the week, the more adventurous of them must have hit a half dozen more. For me, the fishing highlight was the splendid fall colors of the big Lahontan cutthroat in Omak, but check with the other guys to find out a lot more about their trip, the lakes they visited and the size and species of trout sought and caught. These are very skillful lake fishers, so there is a lot to be learned from them, as long as you don't push for too much detail. Just sayin'.

I'm looking forward to the program at this month's general meeting. We know that on some level fly fishing provides all of us with powerful emotional and personal rewards that could be described as positive therapy. **Casting for Recovery** takes the phenomenon to another quantum level. I won't steal any thunder from Judy Graham by trying to describe the documented physical and emotional benefits of the activity or the success of the program, but will endorse the results unreservedly from my own personal experiences.

I trust you've all considered the positions opening up on the SSFF board for the coming term to see where you might fit, and encourage everyone to find a way to contribute to the continued success of *our* club. As a board member you can not only help steer the direction of the organization, but make friends and get a certain satisfaction from volunteering for something you enjoy, which also provides a service to your friends, for improved angling opportunity and to the community in a small but real way.

Best regards,

*Don Freeman*



Figure 1 Don Freeman & Tom Case - enjoying some excellent fall fishing in Eastern Washington



Figure 2 Charles Sadler (Friend of Munn Lake) with 25" Lahontan Trout in Omak Lake



Figure 3 Guill Ging - Photo by Don Freeman

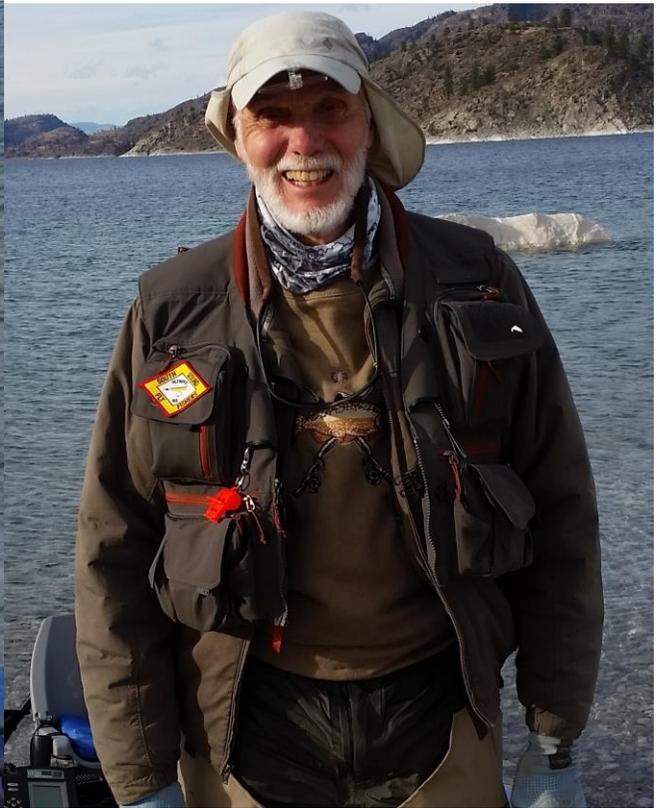


Figure 4 Dave Field - Photo by Don Freeman

SSFF October 18<sup>th</sup> Meeting Featuring:

## Diane Sears and Judy Graham

# Casting for Recovery



Learn about Washington States Casting for Recovery Program with Diane Sears, Washington's Program Coordinator and Judy Graham, the past program coordinator, fly fishing instructor and member of SSFF.

As more and more women survive breast cancer, the need to provide continued support and education is essential. The goal of Casting for Recovery-Washington is to focus on wellness and empowerment of women in any stage of breast cancer. We do this by teaching women the therapeutic sport of fly fishing, a sport for life.

Through the weekend retreats, survivors learn the sport of fly fishing in conjunction with receiving breast cancer education and peer support. Each aspect of the program is implemented by accomplished volunteer fly-fishing instructors and trained volunteer medical and psychosocial facilitators.

The weekend retreat is offered at no cost to the participants, and is provided to women who reside in Washington, in all stages of breast cancer treatment and recovery. Participants are selected at random and will be notified of their application status once the selection process is completed.

As one of the many programs SSFF helps support, this program will help you learn how your money helps.



Above: A Washington State Casting for Recovery weekend retreat Below Left: Judy Graham helping fly fishing newcomer catch that first fish and in the process find renewed energy. Below Right: Learning the basics with a CFR volunteer.



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## Next SSFF Outing: Chum Salmon

When: October 22nd

Where: Hoodsport

Bring: 7 wt. rod and salt water fly fishing gear/clothing

Rendezvous: Haggen's parking lot Time: TBA at club meeting or call Jim

Ghilly: Outings Chair Jim McAllister

Jim will provide complete information at the regular club meeting on October 18, 2016

## Report on Last Club Outing: Cowlitz River at Blue Creek

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Jim McAlister served as Ghilly on the outing September 24<sup>th</sup> at Blue Creek.

Jim reports that no coastal cutthroat were spotted at Blue Creek nor were there many other fish seen in the main stem of the Cowlitz. With no fish spotted around Blue Creek, Jim took the group to Swofford Pond where they caught warm water species.



## **2017 NORTHWEST YOUTH CONSERVATION AND FLY FISHING ACADEMY**



**Mike Clancy**

**NWYC&FFA Co-Director**

It is not too early to start thinking about the 2017 Academy. Again we are preparing for another Youth Conservation and Fly Fishing Academy to be held June 18-24, 2017 at Gwinwood Community Center on Hicks Lake in Lacey, WA. The Staff will be contacting dedicated volunteers to contribute their time for the success of the Academy - **for the kids.**

This Academy is all about the girls and boys, 12-16 years old, to teach them the basics of fly fishing and conservation. The event is one full week with some staff and all youth living in clean, warm cabins at the Gwinwood Center. All meals are provided. Students need to bring their personal belongings, i.e., sleeping bags, pillows, rubber boots, etc. All fishing gear and fly tying equipment is provided, however, students may bring their own fishing gear.

The event is supported by WCTU and WSCIFFF and members of SSFF, TU and other fly fishing clubs of Washington. This program has drawn national attention and recognition.

The cost to each student is only \$300 for the week, sponsorships are available through TU Chapters, FFF fly clubs and private donations. No applicant will be turned away because of lack of funding.

Applications will be accepted starting January 1, 2017 until April 15, 2017. Applications may be downloaded from our website - [www.nwycffa.org](http://www.nwycffa.org), via email to [mtclancy39@comcast.net](mailto:mtclancy39@comcast.net) or call 360-753-1259. Each applicant must submit an essay explaining why **THEY** want to attend The Academy. A letter of recommendation is required from a school teacher or counselor. We have a Facebook page listed under our name for viewing pictures from previous events.

We are very proud of The Academy; this has been a life changing experience for many of our youth.

THE YOUTH OF TODAY ARE THE GUARDIANS OF THE FUTURE FOR OUR SPORT OF FLYFISHING



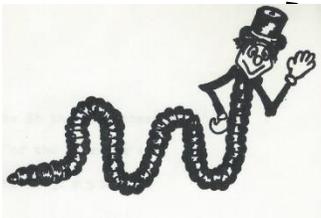
Figure 5 Part of the Week is listening to experts on all aspects of fly fishing



Figure 6 On the Water Experience

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During Daylight Savings time and weather permitting, SSFF will offer casting practice before club meetings on the Fire Department's back lawn. There will be knowledgeable members available to assist you with casting. Bring your own fly rod or you can use one of the club's instructional rods that are available. This is the time to sharpen up your casting skills and maybe pick up a few tips. The club also has a few teaching rods available for sale at \$50.00 per rod. Please see John Sabo at the raffle table if you are interested in trying out or buying a club rod.



Please do not park your car or truck in North Olympia Fire Department's Emergency Vehicle Driveway during SSFF meetings. If the designated parking spaces in front of the station are full, please use the parking area behind the building.

Garden Hackle Willy says, please keep the driveway open for emergency fire equipment.

Thank You!



## South Sound Fly Fishers

### OFFICERS, DIRECTORS AND COMMITTEE CHAIRS

President: Don Freeman [donfreeman74@gmail.com](mailto:donfreeman74@gmail.com)

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Secretary: Joe Spancic [jspancic@comcast.net](mailto:jspancic@comcast.net)

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**WEB SITE:** [www.southsoundflyfishers.org](http://www.southsoundflyfishers.org)

**US Mail Address:** SSFF PO BOX 2792, Olympia, WA 98507

**Club Meetings are held the third Tuesday of every month except December, starting at 6:30pm.** Board meetings are held on the first Tuesday of every month starting at 6:00 pm. Both regularly scheduled meetings are held at the North Olympia Fire Station (Boston Harbor Fire Station) 5046 Boston Harbor Road NE, Olympia WA. USA.